



APPLY FOR YOUR STUDY LEAVE NOW  
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# Professional Development Workshops for all health, social care and education sector staff

This series of workshops aims to:

- Deliver learning opportunities to people working in support roles in health, social care and education.
- Provide an opportunity for continuing professional development.
- Promote understanding of these topics, their applications and limitations in the present climate of austerity.
- Improve practice by increasing knowledge and understanding of topical issues facing the three sectors.

## Choose from the following Professional Development Workshops:

Effective Minutes Moyra Riseborough	Tuesday January 23rd 2018
Managing Anxiety Christine Walker	Tuesday January 30th 2018
Mindfulness Lesley Carter	Tuesday February 20th 2018
Assertiveness and Confidence Building Moyra Riseborough	Thursday February 22nd 2018
Presentation and report writing skills Moyra Riseborough	Thursday March 8th 2018
Autism Awareness John Wears	Tuesday March 20th 2018

FREE to UNISON members.

Non UNISON members welcome: Cost £10. Please pay cash on the day.

Workshops will be held at: UNISON Northern,  
140-150 Pilgrim St, Newcastle upon Tyne, NE1 6TH

For further details and to apply online click here or visit the Bridges to Learning website:  
[www.bridgestolearning.org.uk](http://www.bridgestolearning.org.uk)

